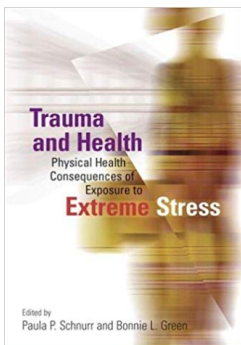
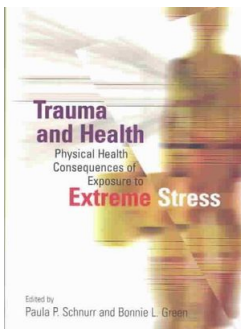


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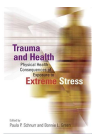
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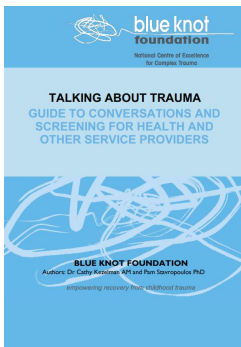


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7

Maternal Prenatal Stress and the Developmental Origins of Mental Health: The Role of Epigenetics

Kieran J. O'Donnell¹, Victoria Glover²

¹The Centre for Neurodevelopment and Health, Institute of Psychiatry, London, UK; ²Department of Psychology, Royal Holloway College, Surrey, UK

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INTRODUCTION

It is well established that stress early in life increases the risk of mental health problems in adulthood. This is particularly true for children of mothers who experience high levels of stress during pregnancy. This paper reviews the evidence for the role of epigenetics in the developmental origins of mental health problems. We discuss the role of epigenetics in the developmental origins of mental health problems and the implications for research and clinical practice.

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