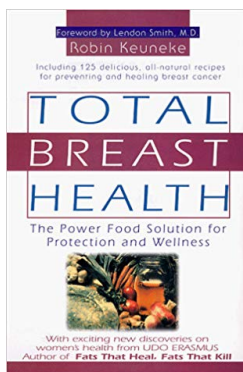
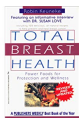


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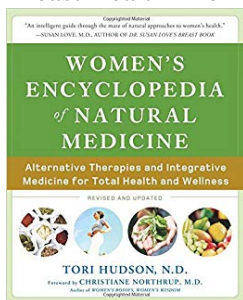


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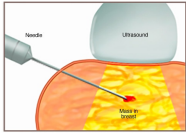
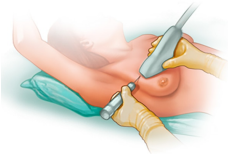


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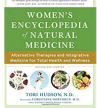
Green beans are good sources of Vitamin A, C & K. The dietary fibers present in the beans are helpful in controlling blood sugar levels beneficial for **DIABETES** & hypoglycemia suffers They are also capable of lowering high blood pressure. **ANTI-INFLAMMATORY** properties of green beans are useful for **ASTHMA** & arthritic patients. **VITAMIN C**, in conjunction with carotenoids, help to support the immune system & prevent **CELLULAR DAMAGE** caused by free radicals.

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